

# Fellowship and outreach that made a difference



## What we shared

To reach professionals with clear, useful information, we distributed:

Sixty one professional packets, each topped with a “Plant Seeds of Recovery from Food Obsession”

sticker and a real flower seed packet—an inviting, memorable reminder of recovery’s growth.

Public information items including custom pens marked “Is Food a Problem for You?” (with oa.org listed), business cards, and a specialized Ocean & Bay pamphlet tailored for healthcare providers.

## Support that made it possible

We are grateful to the Professional Tradeshows Committee at OA World Service for awarding Cape Cod Intergroup a \$2,000 grant that covered the booth fee, and for

underwriting all healthcare packet materials and shipping costs. Their support let us focus our resources on outreach and relationship-building at the event.



## Looking ahead

Organizer HMP Global Events has announced CCSAD will move permanently to the Rhode Island Convention Center—providing a stable, accessible venue for future outreach. Please save the date for the 2027 symposium, scheduled for September 8–11, 2027.

## Thank you

Thank you to every member who contributed time, materials, and spirit to this effort. Because of your service, we planted seeds of recovery within the professional healthcare community—seeds that may grow into referrals, collaborations, and lives changed by the message of OA.

Source:

Barbara, Chair CCIG,  
Diane, Chair O&B PIPO Committee

Our booth was one of 76 exhibits at CCSAD, placed alongside two other 12-Step programs. The symposium drew more than 1,000 domestic and international healthcare professionals attending educational sessions for CME/CE credits—an important audience for spreading awareness about how OA supports people struggling with food obsession.

Teamwork was central to our success. Members from Cape Cod and Ocean & Bay co-created the display, and Ocean & Bay volunteers staffed the booth on Friday and Saturday. Together we engaged attendees at the booth and visited other exhibits to let clinicians and counselors know how OA can be a helpful part of a client’s recovery plan. These proactive conversations opened doors to future referrals and professional partnerships.

