

# Ocean & Bay Intergroup

Minutes of the Meeting on April 7, 2026 – to be read on May 5, 2026

Members present: Carolyn M, Mike M, Nancy H, Nancy M, Diane M, Kara M, Jeanne M., Kathy W., Jay L, Linda M, Eileen S., Susanna, Mary Jane E, Valerie S

- I. **Call to Order** - Meeting Started: 6:30 opening with the Serenity Prayer
  1. Steps: Read by Jay
  2. Tradition & Concepts: Read by Jeanne
  3. Roll Call
  4. Minute of Silence- led by Nancy
  5. 7<sup>th</sup> Tradition- 1 minute to give by Venmo etc. Oceanandbay.org website

## OVERVIEW

The Ocean and Bay Intergroup meeting focused on updates and reports from various committee chairs and representatives. Nancy H announced that her term as chair is up in December and encouraged nominations for the chair position. Jay reported on the completion of literature sales and donation of inventory to a bookseller - \$385 was raised recently through his efforts. The Public Information and Professional Outreach (PIPO) committee discussed plans for placemat advertising and a partnership with Cape Cod Intergroup for an upcoming healthcare symposium on addictions. Mike shared updates on the newsletter and the [OA.org Welcome Room feature](#), which was a collaborative effort involving multiple service bodies. Various meeting representatives provided updates on their groups, including the opening of a new meeting at Appraise Tabernacle in Cranston.

## REPORTS

Chair Nancy H - Virtual Welcome Room on OA.org. Nancy H discussed the Virtual Welcome Room, an interactive online space featuring elements like a bulletin board and brochures that link to OA.org content and suggested potentially showcasing it at a future meeting.

### ***OBI Leadership Transition Announcement***

Open Positions: Nancy H announced that her position as OBI chair will end in December after serving two terms, and she encouraged attendees to consider nominations for the role, noting that 6 months of abstinence is required. She mentioned that the position of Vice Chair for OBI is currently open, with nominations accepted at any time.

*World Service Business Conference:* Nancy H also informed the group about the upcoming World Service Business Conference in Albuquerque from April 20-25, where she and another member will represent the Intergroup and sell stickers and journals. She offered to send rack cards to attendees who requested them by texting their full name and mailing address.

*Tranquility Retreat in Iverton, Connecticut* - scheduled for June 19-21. Information on [oceanandbay.org](#)

*11<sup>th</sup> Step Retreat* - Nancy provided updates about the upcoming May 2, 11<sup>th</sup> Step retreat at Kingston Congregational Church, noting it will run from 9 AM to 3:30 PM with registration starting at 8:30 AM and

costing \$10. Nancy explained that the registration cutoff is April 19th to allow time for workbook printing, though they will continue accepting registrations after that date

**Secretary** – Diane (not present) The group made a motion to accept minutes from March 2026 meeting, with no opposition. MOTION PASSED.

**Treasurer** – Kathy W Treasury report presented by Kathy. The group made a motion to approve. All in favor. MOTION PASSED. The Treasurer's report showed March donations of \$735.15, which included Venmo contributions and Amazon donations for journals sold, with expenses covering a year's subscription to Constant Contact and purchases of stickers and pamphlets.

**Spring Assembly** - Region 6 on April 11. Sandy, Nancy (on zoom), and Jay will attend.

**Region 6 Convention Registration** - To be held in October 2026. Information on oceanandbay.org Jeanne raised concerns about hotel room booking issues, specifically regarding bed configurations, and agreed to investigate further and report back to the group.

**Ocean & Bay Literature Sales Completion** - Jay reported on the completion of literature sales for Ocean & Bay, explaining that he sold the remaining inventory to a bookseller in Connecticut at \$5 per old/outdated book and \$10 per current book, receiving \$350 in donations from OA to cover the difference. Nancy thanked Jay for his service and mentioned that a few remaining items would be brought to the upcoming retreat.

**PIPO** - Nancy noted that Diane and Tricia were absent but reported that advertising efforts in college newspapers, including URI's The Good 5-cent cigar and Connecticut College's paper, were continuing.

*PIPO Committee Outreach Planning* - The PIPO committee discussed their outreach efforts, including QR code tracking which has generated 168 hits from the URI ad since tracking began. Kara reported plans to move forward with placemat advertising in high-traffic restaurants, similar to previous college newspaper ads. The committee is also partnering with Cape Cod Intergroup to participate in the Cape Cod Symposium on Addiction Disorders at the Omni Hotel on August 7th, where they will staff a table and distribute materials to 1,200-1,500 healthcare professionals. Volunteers are needed to staff the OA table. Sign-ups will start in June.

The next PIPO committee meeting is scheduled for April 20th at 10 a.m. Est.

**OA Activities and Meeting Updates** - Mike reported on the recent newsletter, including a special mailing for upcoming events, and mentioned the new OA Welcome Room collaboration between OA.org, OceanandBay.org, and OAFootsteps. Susanna shared news about opening a new OA meeting at Appraise Tabernacle in Cranston, which will start in a few weeks. The group also discussed Zoom security measures and upcoming meetings, including the Room with a View anniversary meeting in Middletown on April 18th. The meeting corrected the Friday night zoom meeting name It should be "Courage to Change" and confirmed the time as 7:30-8:30 PM est.

## **NEXT STEPS**

Nancy H:

- Will send Ocean & Bay rack cards and business cards to any members who text their full name and mailing address to Nancy 401-447-6467. They can be given to doctors, medical professionals,

therapists, and posted on community bulletin boards, in libraries, markets, gyms, and religious institutions.

- Begin seeking nominations for new OBI chair (open in December) & Vice Chair (open now) as well as the position of Secretary (open in December.)
- Contact Connecticut College regarding uncashed check for ad payment

Jeanne:

- Follow up on hotel room options and bed configurations for the Region 6 convention and report back if issues arise

Susanna:

- Support Angela with starting the new OA meeting at Appraise Tabernacle in Cranston and update the group by May 1st on its progress.
- Add new Cranston meeting to the meeting list once it is open to the public
- Update the group in May regarding the status of the new meeting at Appraise Tabernacle

Mike:

- Include the [link to the OA Welcome Room](#) in the next newsletter
- Put the OA Welcome Room link in the chat for meeting participants.
- Also show the OA Welcome Room at the next Intergroup meeting
- Send Zoom link for next PIPO meeting to interested parties
- Continue running the ad in the college newspapers and track hits
- Put a [link to the stickers](#) in the next newsletter

Kara:

- Continue research on most highly populated restaurants for placemat outreach and update at the next PIPO meeting

PIPO

- will begin to recruit volunteers in June for staffing the OA table at the Cape Cod Symposium on Addiction Disorders (Providence, August 7<sup>th</sup>) and coordinate giveaways. Volunteers can sign up starting in June.
- Next PIPO meeting Apr 20, 10 am est on zoom

Linda:

- Continue to accept registrations for the May 2nd retreat and accommodate late registrants as needed

Mary Jane:

- Continue outreach to religious institutions for bulletin board placements