

# MINUTES - Ocean & Bay Intergroup

May 7, 2024

Monthly Meeting Minutes for May 7, 2024, to be reviewed on June 4, 2024

## I Called to Order: Started Recording

- Nancy called the meeting to order 6:30 pm
- Susan read the 12 steps and 5th tradition & Susanna read the 5th Concept.
- Roll Call/Attendees: Nancy, Kara, Diane, Sandy, Mike, Kathy W., Libby, Kathryn, Maggie, Susanna, Ellen, Linda
- Minute of Silence
- 7<sup>th</sup> Tradition can be made Venmo (has a place you can ID where your donation is from) or PayPal. Mailing Address for checks is Ocean & Bay IG, PO Box 2243, East Greenwich, RI 02818 Mike updated this page with QR codes to simplify the process of offering a donation in honor of the 7<sup>th</sup> tradition.
  - Can also give through in person meeting donations. Another option is to go to link in the chat to donate.  
[Venmo@oceanandbay.org](mailto:Venmo@oceanandbay.org)

## II Board Reports

### **Chairperson (Nancy)-**

- 2024 OA Convention is being held October 25-27 in Nashua, N.H. Rooms are 169 per night. Reserve soon.
- **Region Six Monthly IG Forums** - Next IG Forum is Sunday, May 19, 2024 at 4pm EST. Our IG has been asked to present to share on how service supports abstinence. Nancy is asked for 4-5 people from our IG to give a 3-4 minute pitch on how their service supports their abstinence. If you would like to participate, please write out your thoughts for the interpreters and limit to 2-3 minutes. Anyone interested please contact Nancy.
- Nancy asked Mike to share his experience with a recent website project that required nearly 2 weeks' worth of Mike's time to solve. She pointed out that the website maintenance requires a lot of time to maintain, which Mike does as a volunteer.
  - Mike responded: 1 There was an error with the time zone settings on event information. Mike turned to our website consultant, Alix, to help resolve the situation. To fix this Mike no delete events and redo them. Mike did this for the Ocean & Bay events. 2. Mike wanted to have a higher end placement for our website when people search on Google. Broken links prevent an optimal performance level on Google. With perseverance, Mike resolved this situation. Nancy acknowledged Mike's service. And also thanked everyone for the tremendous service being provided by our members.
- Eileen our event chair has resigned.... If anyone knows anyone or a couple of members who may want to co-host the Event chair, please contact Nancy 401-447-6467. Mike receives emails about events information, but this position coordinated many great events that were developed and run by Eileen.
  - Kathy noted that Felicia has been emailing event information. Does anyone know Felicia? Nancy to reach out to Felicia to introduce us.
  - Mike stated that much of what Felicia sends is information on events/meetings etc that repeat/meets regularly. Mike will talk to Alex about how to post repeating situations on our website.

**Vice Chairperson:** (Kara)

**Region Six Assembly** (Reps: Nancy, Kara & Diane) was held in April 2024. Kara and Diane attended.

- 22 groups were represented with 41 voting reps
  - Ocean and Bay IG has a total of 3 potential voting rep's
  - Beth our Trustee Liaison is leaving this position.
  - Anne Warner, our R6 Parliamentarian, has served for 26 years.
  - Kara noted the number of people who provide service is astonishing.
  - Issues voted on were bylaws involving verbiage to match the World Service terminology.
- The Fall Assembly 2024 will take place in person in Albany, NY. Everyone is welcome to attend. The Spring Assembly 2025 will be virtual. Diane added that attending was a great opportunity to network with others and learn from each other on how the OA Organization works. Great fellowship and fun ways to get to know one another.

**OBI Bylaws Team update**-Kara will continue to work with the Bylaws Committee. She reports headway on updating our Ocean & Bay bylaws. She will report on further developments next month.

**Region 6 Convention:** Registration is open. The theme is TOGETHER WE RECOVER and will be held in Nashua NH, October 25, 26 & 27. The registration fee is \$60 April 16 through October 18. Walk-in registration on the day of the event will be \$75. In addition to registering, you can book your hotel room and buy your meal plan, or a ticket to one of the banquets. All the details for the OA Convention can be found on [oaregion6.org/convention](http://oaregion6.org/convention). Also the Convention Committee has something new this year. It's called "Be an OA Angel." You, your home meeting, or our Intergroup can buy a ticket for someone who otherwise wouldn't be able to attend due to cost. This ticket is an anonymous donation and cannot be used for your own admission but will help carry the message to other compulsive overeaters who still suffer. You can be an OA angel even if you can't attend. Our IG has already purchased \$90 two early bird tickets.

**The World Service Business Conference (WSBC)** is taking place this week in Albuquerque, New Mexico. Sandy is there as a Delegate from the virtual intergroup and will report to us next month. The theme is "We all belong. Welcome to OA" There will be a forum on building bridges and breaking down barriers to be more inclusive and diverse, especially to newcomers.

**Recording Secretary:** (Diane)

- Diane reported having difficulty opening recordings from zoom for second month in a row.
- Nancy and Diane will work on getting the minutes out to members in a more timely fashion.
- Kathy W made motion to table approval of April 2024 minutes until next month and Linda seconded. MOTION PASSED
- Diane & Nancy will discuss an alternative method for recording meetings that is more user friendly.

**Treasurer's Report :** (Kathy)

- Review last months March and April Treasurers report.
- March 2024 - started the month with \$13463.11 ending \$14067.02
- April 2024 - started \$14067.02 ending with \$13809.48

Expenses in April (we don't usually have): we purchased journals for Sandy to sell at the WSBC and bought 2 Angel Tickets for the R6 Convention. (we will recoup journal expenses as they are sold)

- We are getting an increase in donations through pay pal, Venmo and checks. This has happened as a result of meetings taking 1 minute of silence at 7<sup>th</sup> tradition for members to take action on making a donation.
- Nancy noted the clarity and simplification of the treasurers reports, by Kathy our treasurer, are greatly appreciated.
- Motions to accept treasurers report for March, April by Susanna. Seconded by Mike. MOTION PASSED

**501C3- Sandy absent (at WSBC)** No report. Tax preparer will be contacted after tax season.

**Phone Service:** Google Voice Account is set up and is being utilized. Member Lesley from CT has volunteered for this position. **Ocean and Bay IG Phone number is now: 401-264-0606**. No problems noted to date.

**Region Six Representatives-** (Diane, Kara, Nancy)

Kara and Diane attended the Assembly on 4.6.2024. See Vice Chair report above

### **III Committee Reports:**

**Workshops and Events:** Chair Position is Vacant. Thank s to Eileen (not present) for having provided exemplary service for Workshops and Events Committee.

- Mike has posted the events in the chat, and they are on the website.
- **OA Retreat at Enders Island, Mystic CT Nov 15-17, 2024 Title: **New Beginnings at Enders Recovery with Step 11 and OA weekend of Prayer and Meditation.**** Registration form is available on Oceanandbay.org under Home tab, Latest News.
  - Linda reported: Reg started May 1 and we have had a brisk response. Some challenges with single and double rooms. We are reviewing our budget and will accommodate everyone accordingly.

There are 27 rooms to accommodate a total of 52 people

Single occupancy is full. Thanks to Mike for putting the notice up that singles are no longer available. But double rooms are still available.

Susan asks: What happens to people who want a single room who may have signed up for that? Linda states that they will be contacted and given the choice to find a roommate or receive a refund.

Linda is working with Enders to advise on this situation

Information/procedures for depositing the checks will be discussed by Kathy, Nancy, and Susanna.

**Literature:** (Susanna)

Jay and Nancy worked on managing the literature we still possess. As we no longer buy literature, this chair position is being dissolved. Jay will take our inventory of literature to various workshops in Connecticut and Rhode Island. Contact Nancy if you would like to buy literature.

## **Communication**

### **Newsletter Editor/Webmaster & Web team : (Mike):**

- **Newsletter:** May newsletter has been sent June is underway.
- **Webmaster.** See notes from Mike above. Bravo to our Webmaster for astounding service. Thank you, Mike!

**Email Correspondence:** (Yael) No report. Gets a few emails per month.

**Social Media Outreach** (Michelle -absent; Lisa K. absent) – No report.

Journals – journals now have a QR code toward the end of the journal that offers the opportunity to re-order another journal. Michelle was able to submit this change reminding members that they are near the end of the journal and can reorder a new one with ease.

**Zoom Security Team** – (Robin) absent. No report.

**Meeting Updates-** No report this month.

### **Public Information Professional Outreach- PIPO (Chair position vacant)**

- Still looking volunteers to work on PIPO Committee. It would be good to have a mix of Ct and RI members for this committee.
- We know that there is a concrete project that Nancy has ready to be executed. Just need some volunteers.
- Kathy reached out to a member who used to chair PIPO in Ct.

**12 Steps Within:** (Diane) Nothing new with 12 Steps Within. Will share ideas in the future.

**Meetings:** Robin- absent. No report.

**What's on your mind?** Nancy is happy to open the meeting to any questions, concerns, or comments.

**Unfinished Business:** Nancy to contact Reva & Mary Jane to help with PIPO project.

**New Business:** None

Meeting Adjourned at 7:26 pm with the OA Promise Prayer

*Respectfully Submitted by: Diane C.*