

## Ocean & Bay Intergroup

### MINUTES 2.6.2024

Monthly Meeting Minutes for February 6, 2024, to be reviewed on March 5, 2024

#### I Called to Order: Started Recording

- Nancy Called meeting to order 6:30 pm
- Robin read the 12 steps and Diane read the 2<sup>nd</sup> tradition and the 2<sup>nd</sup> Concept.
- Minute of Silence
- Roll Call/Attendees: Nancy, Kathy W., Sandy, Kara, Diane, Mike, Margie, Jay L, Linda, Robin M. Libby, Ellen, Susanna, Ellen C, Lisa K
- 7<sup>th</sup> Tradition can be made Venmo (has a place you can ID what meeting your donation is for) or PayPal. Mailing Address for checks is Ocean & Bay IG, PO Box 2243, East Greenwich, RI 02818. Mike updated this page with QR codes to simplify the process of 7<sup>th</sup> tradition.
  - Can also give at in-person meetings. Another option is to go to the link in the chat to donate. Venmo@oceanandbayintergroup

#### II Board Reports

**Chairperson** (Nancy)-

##### **FROM THE CHAIR:**

- **7<sup>th</sup> Tradition** . There are several ways to honor the 7<sup>th</sup> tradition. Please take the time to utilize them. The meeting paused one minute to making a 7<sup>th</sup> Tradition
- Nancy offered amends for last month. She said she may have left some members feeling confused with the result of the motion and vote. The motion on the 2025 retreat did not pass. But that issue can come up again for a vote if someone wishes.
- **IG Forum:** Next Region 6 IG Forum is February 18, at 4pm. All are invited. Link in chat & on website: oceanandbay.org Topic is about the World Service Questionnaire. Everyone is welcome to go to this to meet others in Region 6.
- **PIPO** Nancy mentioned there are links for PSAs for TV, Radio information on OA.org under “podcasts.” Kathy W knows someone who may want to work on the committee, and she will ask her. Diane and Lisa are willing to help but neither want to be chair. The work of PIPO is to distribute PSAs and place ads in free publications, we will need someone to spearhead the committee.
- **Phone Service:** Last month the option of changing to google phone was explored and it has been decided that this is not the best one.
  - Nancy wants to change the phone service to T Mobile. The price will be around \$50.00. She can use the routing number and the Ocean & Bay Checking account number. Nancy will try to keep the same business number. Nancy will meet Kathleen at T-Mobile. She will let Diane know when the Verizon land line can be disconnected.
  - Kathleen is finishing phone service for the Ocean & Bay information line and Lesley will take over.
- **Events/ Retreat.** Nancy announced that Eileen has stepped down as chair of the Enders Island Retreat and from all committees. Nancy and Linda agreed to continue as co-chairs.

**Vice Chairperson:** (Kara)

- **WSBC:** The Conference will take place in May 2024 in New Mexico. We do not have a delegate from Ocean & Bay. Kara made an appeal to consider sending a delegate. We want a delegate to attend and represent Ocean & Bay Intergroup. If you are interested in this opportunity, please come to the next Intergroup meeting in March. There are dozens of motions that are sent to World Service. Delegates get to vote on them . There is a questionnaire that World Service sends out requesting each IG to review and

determine what motions should be placed on the agenda. Our answers as an IG need to be in my March 7<sup>th</sup> and our next IG is March 5h. Kara is willing to go over all the items, present the major points. She will send out a survey with the items to describe the proposal. She gave an example.

- Nancy will not be able to attend the WSBC for 2024. If there are any other members that are interested in going, please reach out to Nancy. Qualifications are working at the Region Level and IG level with an abstinence requirement of six months. Whether anyone from our IG can attend, it would be prudent to go through the proposals we might want to make to WSBC as Kara suggested.
- Libby asked: Regardless if we send a delegate to WSBC, will we still have a voice in determining what motions go on the agenda. Kara responded, yes. We have a voice, but not a vote.
- Robin M asked: Who collects feedback from our intergroup and delivers that to World Service? Kara responded she will be happy to collect the information and deliver it to World Service. If anyone has any questions, contact Kara.
- Sandy added: Once the agenda is set, Kara and she can bring the information to World Service on our behalf. Sandy is going to WSBC to represent another intergroup

#### **Recording Secretary:** (Diane)

- Approval of minutes. Kara motions with Mike seconded. MOTION PASSES.
- Diane & Nancy will get the draft minutes out sooner this month.

#### **Treasurer's Report:** (Kathy)

- We started the month with \$ 11931.96, ending with \$ 13026.27. The financial page with contributions is separate and easier to read.
- The finance committee met and is continuing the work of simplifying the report. The projections report may be reported quarterly vs every month for simplicity.
- Mike motioned to accept & Robin seconded. MOTION PASSES.
- Saturday morning meeting Forever Grateful has voted to take a minute for members to donate to 7<sup>th</sup> tradition via venmo or PayPal or consider sending a check. Reminder to put the meeting number when making a 7<sup>th</sup> tradition donation is suggested.

#### **Region Six Representatives-** (Diane, Kara, Nancy)

- Next Assembly is April 6, 2024, in Albany, NY. Anyone who would like to attend is invited to go. Diane plans to attend. Nancy is not sure yet. Kara is hopeful of attending. Diane is willing to be the designated driver for this trip.

#### **III Committee Reports:**

##### **Workshops and Events:** Eileen:

- Upcoming Events:
- Monday night April 8, Big Birthday Extravaganza is a Zoom Event. Flyer coming out soon.
- Saturday March 23, 2024, 1:00 pm is a 2 Way Prayer workshop. Includes demonstrations and break-out rooms on zoom.
- Upcoming 3-part series: **Sometimes Quickly, Sometimes Slowly, The Miracle Can Happen...** BIG BOOK STUDY Sundays 1-4 pm. Speaker will guide us through 12 step retreat in three sessions being held on March 10, 17, and 24, 2024 from 1- 4pm. Sponsored by Ocean & Bay Intergroup. In addition to our Trivia Workshop, there was an Abstinence One Day at a Time workshop with 80 -101 in attendance and the workshop was great. It was recorded and the podcasts are on the Ocean and Bay website Oceanandbay.org.

#### **OA Retreat at Enders Island, Mystic CT – Nov 15-17, 2024, Title: **New Beginnings at Enders Recovery with Step 11 and OA weekend of Prayer and Meditation.****

Eileen has stepped down from chairing the Enders Retreat. A big thanks to Eileen who did a lot of footwork, which is truly inspirational and appreciated. Moving forward, Linda and Nancy have volunteered to continue as Co-Chairs.

Linda is on several of the committees. Anyone is invited to attend. Please reach out to Linda or Nancy

**Steering/Regular Committee:** Nancy and Linda are Co-Chairing the Retreat Next Mtg.TBD

**Content Committee** Beth and Nancy are meeting for this portion of the committee. Nancy will set up for the next meeting Feb. 23<sup>rd</sup>.

**Registration Committee:** Mike, Linda & Susanna are serving on this committee. Susanna offered to be the lead coordinator. Mike put Save the Date in this month's Newsletter. Eileen will send this out via email shortly. Feb.21 is the next meeting. May 1<sup>st</sup> registration will open at 12:01 am. Registration is limited to the first 50 people.

**The Menu Committee** will meet again in Summer or early Fall. At some point the menu will be sent to all registrants.

**Literature:** (Susanna)

The literature cabinet has been emptied and Nancy has the remainder of the literature. If anyone wants any books, we are selling them for \$10.00. Contact Nancy to pick them up. Jay L. and Connecticut OA groups will work with OBI as partners to help get the literature out to members. Jay L. will take the literature to some of the Ct events and sell literature. Proceeds from the literature sales will go into the Ocean & Bay treasury.

Eileen asked if we could put together a list of the books we have. Nancy will try to get this list together.

Jay L asked if we will re-order literature – no we will not. Several hundred dollars' worth of literature was sold at a recent workshop in Jewett City.

Jay L also mentioned that he will be going to the Assembly in Albany, NY as a CT Intergroup Rep. Thanks Jay.

**Communication**

**Newsletter Editor/Webmaster & Web team:** (Mike):

- **Newsletter:** February newsletter is out. March newsletter is underway. Mike asked Kara to put the WSBC survey information in the newsletter. Kara and Mike will continue this discussion offline.
- **Webmaster.** We have events added to the front of the webpage. We are adding to the security to prevent hacking our site.
- The Save the date is there and the website has been changed a bit so you can see the upcoming events with greater ease.
- Journals are being sold.

**Email Correspondence:** (Yael) No report. Gets a few emails.

**Social Media Outreach** (Michelle - absent; Lisa K.)–

- We ordered and sold journals for the Jewett City Workshop
- Lisa reports that there is a big presence in social media.
- Nancy has some PSA information that might be a nice addition to FB. Lisa will investigate this.

**Zoom Security Team – (Robin)**

- Last month Robin was approached by a person who attended our meeting as well as some other meetings. She shared some examples of intrusions that have been occurring in some zoom meetings. Robin wants to put a workshop together, but she feels that we only have 9 zoom meetings in our IG so do we feel like there is a need? She is asking for feedback on whether a workshop would be feasible for our group. Sandy states that San Diego has a great zoom training group, and we could send interested members to join one of them?
- Eileen offers information on monthly Zoom Training Workshops being offered by Nassau County, as well as Footsteps. Robin states we did a workshop with them in the past as well. That is another workshop that members can be referred to for zoom training.
- Nancy suggests if a newcomer is trying to get on a zoom meeting to ask a few questions - do not do it. Send them to a meeting offering our Ocean & Bay.org website for meeting times and avoid meeting with someone alone.

## **PIPO**

- Nancy is asking for volunteers to work on the PIPO Committee. As noted above: Lisa and Diane have agreed to work on this, however, we still need a chair or co-chairs for this committee. The concrete project is to distribute the PSA's, do some publications, and investigate some ads. Lisa states, we have a lot of "worker bees" but we need a leader. Lisa and Nancy have worked on the contact list, and she will speak with Reva and Mary Jane who said they will help with that project.

**12 Steps Within:** Diane No comments at this currently. Diane is hopeful to get back in touch with 12 Step Within at Regional level during the Assembly in April 2024.

**Meetings:** Robin and Libby spent several hours together comparing Ocean & Bay with OA.org. She notes that our website is very user friendly. Robin sent the corrections to OA.org and they came back to Robin with a big list of meetings with 2 meetings that she never heard of. She will reach out to Mike.

Thursday Night Meeting- There is a discrepancy with the contact person. Susanna has gone on the meeting, but no one has come on so this may not be an active meeting anymore. She said the same thing might be the case on Monday night so we may need to cancel that too. Robin will make a note on that and will f/u on this. Kathy asks if the Region Six list is accurate. Robin does not know if theirs is accurate, but Robin acknowledges the meetings on our website are accurate. She will update us on this next month.

Nancy states there is at least one meeting that is looking for a Rep, if some meetings do not have a rep, please pass along that meetings benefit from sending a rep to intergroup.

- March 2024 IG Meeting- Nancy will be on the West Coast and Kathy W will be out of town. Kara will run the meeting with Diane as a back-up. Hopefully, Nancy will be able to join but if not, we look forward to seeing anyone interested in joining our IG next month.

**Unfinished Business:** No report.

**New Business:** No report.

Meeting Adjourned at 7:50 pm with the OA Promise Prayer.

*Respectfully Submitted by: Diane C.*