

# TROUBLE WITH FOOD?

Do you eat when you're not hungry?  
Do you binge, purge, or restrict?  
Is your weight affecting your life?

## OVEREATERS ANONYMOUS CAN HELP!



## No diets. No fees.

**We offer support; people who understand; a program that works.**

Ocean and Bay Intergroup services members throughout Rhode Island,  
Southeastern Massachusetts and Southeastern Connecticut.

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